- equipment list below -

Multi-Pitch Climbing Course – 4-Days

The course is designed for climbers who want to progress from single-pitch climbing to confidently and safely climbing prepared multi-pitch routes as a two-person rope team. You will learn the complete multi-pitch system: from equipment and belay stations to lead belaying, seconding, rappelling, route planning, and practical ascents.

Course Content

- Equipment for multi-pitch climbing: required gear, characteristics, selection criteria, and inspection/retirement standards.
- Belay station organization on multi-pitch routes.
- Lead belaying on multi-pitch routes: belay devices and the Munter hitch.
- Belaying the second: various techniques and configurations.
- Rappelling on multi-pitch routes.
- Complete two-person rope team sequence on a multi-pitch route.
- Climb planning and route description analysis.
- Practical climbing of prepared multi-pitch routes (5–8 pitches).

Prerequisites

- Confident lead climbing on single-pitch routes.
- Solid belaying skills.

Agenda

1st day	Massi Gagiolo, basic techniques training
2nd day	Monte Baone, MSL training
3rd day	MSL practice, Zebrata
4th day	MSL practice, San Paolo

Equipment list

Personal

- Approach shoes
- Climbing shoes (comfortable for long routes)
- Harness
- Helmet
- Backpack (around 30l, comfortable for climbing with)
- Water-repellent jacket
- Cap or sun hat
- Sunglasses
- Sunscreen / lip balm
- Headlamp

- Personal first-aid kit
- Belay kit: belay device such as an ATC Guide (Reverso) + 3 locking HMS carabiners
- 2 locking carabiners
- 2–3 non-locking carabiners (snap gates)
- 5–6 quickdraws (short sport draws or long alpine draws)
- Prusiks set (4 m / 2.5 m / 1.5 m), each on a separate carabiner
- 3 x 120 cm slings, each with a non-locking carabiner

Each rope team

- Single dynamic rope, 50–60 m